



Welburn Hall Weekly

Friday 17 January 2025

Hello and welcome to our weekly Newsletter.....



School dinner arrears

- We are £150 in arrears for school meals.
- Can parents please clear any dept.
- School lunches must be paid in advance. Automatic top-up, for as little as £5, can be set up on Parent Pay.

Thank you for your understanding

Spring Term Food Tech Contributions

Payments can now be made towards Spring Term Food Tech.
















So, if you are able to contribute, please do so via **ParentPay**. Thank you



Parent Pay activation letters have now been sent home in book bags.

If you haven't already done so, can we please request that you log in and activate your account. Even if your child has free school meals we still need parents to have their own Parent Pay account.

Your help is greatly appreciated. Thank you.

| Lunch Week 3 | Main | Vegetarian | Pudding |
|--------------|--|--|---|
| Monday | salmon star & fries  | pizza & fries  | autumn fruit sponge  |
| Tuesday | mince beef pie & mashed potato  | tomato pasta  | jam roly poly & custard  |
| Wednesday | roast chicken & stuffing with boiled potatoes  | cheesy bean loaded potato skins  | lemon drizzle cookie  |
| Thursday | Mexican beef enchiladas with rice  | vegetable curry & rice  | chocolate sponge & vanilla sauce  |
| Friday | fish & chips  | veggie burger, salad & chips  | iced bun  |



RESPECT



PERSEVERANCE



EXCELLENCE

We are a nut aware school



Heads-up!

Dear Parents and Carers,

What a lovely week's weather and lots of opportunities for star gazing, especially up on the moors!

The school staff and learners were frightened by a very loud noise yesterday, which we believe was sonic boom? It caused so much anxiety as the walls shook and gates rattled!

We are looking forward to seeing you all at Parents' Night on 27th January, appointments have now been sent out for parents to select from and we hope to see as many of you as possible! As well as teaching staff, Amanda Caton, Becky Sealy, Jenna Kendell and me will also be available to chat with – please book in with us via the online system. Our school nurses will also be there, in case you have any issues that you want to raise with them.

Have a great weekend.

Marianne



Mr Western's class have been making bacon sandwiches in food tech.

This is part of their Everyday Food & Drink unit, including working on their independence skills.

Everyone very much enjoyed the eating and didn't forget the washing up afterwards!

**Parents Evening is
Monday 27 January.**

**Parents Evening invites
have now been sent out.
Please book a time slot
to meet with your
child's/young person's
teacher.**

**Any queries - call Admin
on 01751 431 218 or by
email: [admin@welburn-
hall.n-yorks.sch.uk](mailto:admin@welburn-hall.n-yorks.sch.uk)**



RESPECT



PERSEVERANCE

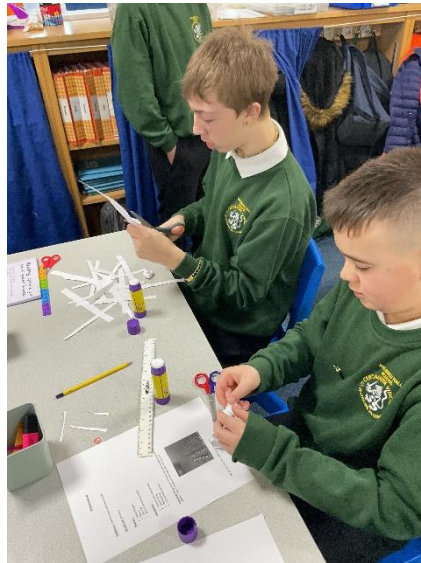


EXCELLENCE

Caroline's class have been completing Morning Missions during the settling in time.

This one is The Chain Challenge where learners took a single sheet of A4 paper to create the longest paperchain that they possibly could. As you can see some serious concentration and skill was needed!

Well done T for being the proud winner of the Chain Challenge with your HUGE paper chain!



RESPECT



PERSEVERANCE



EXCELLENCE



It was biting cold, but some of Mr Kaufman’s learners still had lots of fun together Out and About at the local play park.

Thank you to parents/carers for your responses to EHCP Review invites.
Please inform us if your child/young person is working with a new healthcare professional or they have received a recent diagnosis; it’s important that we have updated information for reviews.



RESPECT



PERSEVERANCE



EXCELLENCE

Mr Kaufman's class all enjoyed their very own pizza party on Monday. The class got involved in decorating chef hats, designing pizza boxes and trying lots of different toppings; as well as cooking and eating!!

Everything was donated by a parent as a birthday celebration for her son. Sincere thanks to mum, it was a lovely idea that everyone really enjoyed!



Different pizza, different day! One of our learners from Rachael Walton's class was very proud of the pizza he hand-made on Tuesday for our weekly tuck shop.

It was as delicious as it looks!



RESPECT



PERSEVERANCE



EXCELLENCE



To celebrate her learners' brilliant exam results, Christina's class went to Flip Out trampoline park in York.

Everyone managed to get in some quality exercise and perhaps more importantly, it was tonnes of fun!



RESPECT



PERSEVERANCE



EXCELLENCE



Welburn Hall School

Wellbeing & Safeguarding



North Yorkshire Safeguarding Children Partnership (NYS CP) aims to ensure all children in North Yorkshire are safe, happy, healthy and achieving.

If you are worried about a child – this is the duty number: 0300 131 2 131
Or see their website here:



North Yorkshire
Safeguarding Children Partnership

<https://www.safeguardingchildren.co.uk/about-us/worried-about-a-child/>

What Parents & Educators Need to Know about TIKTOK

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

AGE RESTRICTION 13+
(Certain features are restricted to over-18s only)

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's Following feed only displays videos from familiar creators, For You is a collection based on a user's previously watched clips. Most of these videos will probably be inoffensive, but the app could potentially show something unsuitable. If children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

BODY IMAGE AND DANGEROUS CHALLENGES

According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £9.99 to an eye-watering £99; while that may not sound appealing, the app still generated £7.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.

CONTACT WITH STRANGERS

With more than 1.5 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables anyone to download or comment on them.

MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

ADDICTIVE DESIGN

With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2024, UK children spent an average of 127 minutes per day on the app, that's twice as much as in 2020. Excessive use can interfere with young people's sleep patterns – often leading to irritability – and distract them from other, healthier activities. The instantly skippable nature of bite-size videos may also impact children's ability to maintain focus.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.

BLOCK IN-APP SPENDING

If a child is using an iPhone or Android device to access TikTok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.

READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/tiktok-2025>

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